

Notes from Jeff

Pluto - Where are you?

We finally did it! Kim & I took the boys to Disney World. We have been talking about taking them to Disney for a couple years, but our schedules never quite permitted it. Alex & Owen have never been to a theme park before, so there were many new experiences for them. We had a wonderful day at Disney.



We rode the Tomorrowland train, the steam train, & the Monorail. The way these two love trains, this was the ultimate thrill. Owen cried when we got off the Dumbo ride because he was having so much fun he didn't want it to end. Alex was very concerned that the boat on 'It's

a **Small World**' was going to tip over because I was too heavy and he thought the boat was tipping my way. I don't think it would have mattered if I weighed twice as much as there were about 20 people in the boat. Throughout the day they got to see & meet numerous Disney Characters including **Mickey & Minnie**. All day long we kept hearing from Alex & Owen was they wanted to meet Pluto and give him a hug. **FINALLY**, near the end of the day we found Pluto & cornered him. Their day was complete.

There's Good News & Bad News

If you have been reading INKlings for some time then you know that I have been training for a race called Tackle the Tower. This is a race up the 37 flights of stairs of the Erievue Tower in downtown Cleveland. The race was the first weekend in February and my wife, brother-in-law, & our friend Leslie did the race as well. Here's **the bad news**: I did not even come close to reaching my goal of under 6 minutes. Here's **the good news**: I beat my time from last year (6 minutes, 52 seconds), but only by 2 seconds. I'm disappointed that I didn't come closer to my goal, but proud that I completed the race.

The First Sign of Spring

Last week my 5 year old son, Alex, came running to my wife in the kitchen. He was very excited to show her something. He very proudly showed her that the Magnolia Bush right outside his bedroom window **had large buds on it**. He then remarked that "That means Spring is coming soon!". Kim was amazed that he noticed this change in the Magnolia Bush (especially since it was snow covered) and wondered how much time he spends looking out the window. I

was amazed at how large the buds are this early and wondered if it was possible that there was so much heat loss from the house to make the Magnolia think it is warmer outside than it really is! Nonetheless, as you read this it is **less than 20 days until Spring** and that IS something to get excited about.

Problem Solved

OK, this isn't really a problem, but more of a challenge. The Berea Schools has an Foundation that raises funds that are used for enhancing the classroom experience as well as providing scholarships for graduates. They came to us to assist in creating a **unique invitation** for their auction fundraiser that would get noticed, but not break the bank. Our team spent some time brainstorming and came up with a plan that we presented to the Foundation and **they loved it**. The piece had the reply card integrated into the invitation, thus saving money (and time) over having an additional piece. Part of the design theme that was started with a 'Save the Date' postcard had circles on it. Our plan included picking up on that theme by drilling holes in the front panel of the invitation to let the color from the inside of the invitation show through. I am proud of my team and the solution that they created, and more importantly, the Foundation **loved the solution and the price!**

-Jeff Dettmer

Comments Corner:

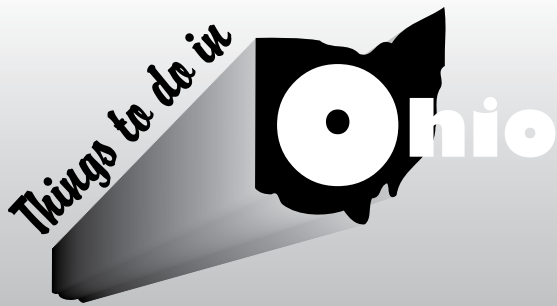
Hi Cathy,

"I wanted to send this e-mail to thank you for all your help in getting the invitations out and I can't wait to see the hard copy in my mail next week. I'm pretty excited."

Thanks again,
Sandhia Varyani

Share your great experience with us at
www.bereaprinting.com





St. Patrick's Day at the Zoo

Are you interested in seeing a little green and saving a little green this St. Patrick's Day? You can do both at the Cleveland Metroparks Zoo this year! To save you some money, bring an old cell phone or charger you'd like to recycle to the Zoo's Ticket Office on March 17, 2010 to receive one free admission to the Zoo that day. Also, anyone who wears green to the Zoo on St. Patrick's Day will receive half-off the admission price during the day. That makes the tickets only \$3.50 per person, \$2.50 for kids ages 2 - 11 and free for children under 2 or Zoo members. These special offers are only valid on March 17, 2010, so don't miss out! For more information visit www.clemetzoo.com.

All the proceeds from the cell phone recycling drive will benefit the Zoo's conservation programs.

Date & Time: March 17, 2010 from 10am - 5pm

Address: 3900 Wildlife Way • Cleveland, OH 44109
216-661-6500 • www.clemetzoo.com

Find the words in the puzzle and have fun!



- Apples
- Beans
- Broccoli
- Crayons
- Cucumber
- Envy
- Elves
- Frog
- Grass
- Jungle
- Lettuce
- Money
- Moss
- Olives
- Ornaments
- Pickles
- Pixies
- Shamrocks
- Spinach
- Tomatoes
- Trees
- Turnips
- Wreaths
- Zucchini

Puzzle Answer Keys available at www.bereaprinting.com

RECYCLING TICKER: Our current TOTAL of paper recycled since 1995 is **537,221 lbs.** We have saved...

- 4,234 Trees
- 746 yds. Landfill
- 1,642,450 gal. Water
- 961,259 kw Electricity
- 13,996 lb Air Pollutants

en·vy [en-vee]

—noun

1. a feeling of discontent or covetousness with regard to another's advantages, success, possessions, etc.
2. an object of envious feeling: *Her intelligence made her the envy of her classmates.*
3. Obsolete. ill will.

—verb (used with object)

1. to regard with envy; be envious of: *He envies her the position she has achieved in her profession.*

—verb (used without object)

1. Obsolete. to be affected with envy.

Origin:

1250–1300; (n.) ME envie < OF < L invidia, equiv. to invid (us) envious (deriv. of invidere to envy; see invidious) + -ia -y3; (v.) ME envien < OF envier < ML invidiare, deriv. of L invidia

Related forms:

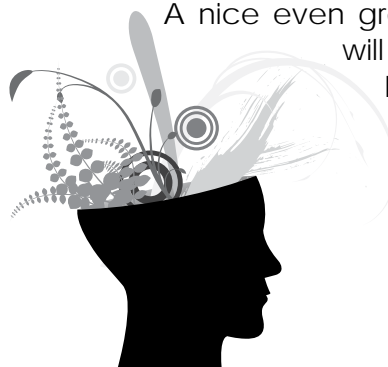
en·vy·ing·ly, adverb
un·en·vied, adjective
un·en·vy·ing, adjective
un·en·vy·ing·ly, adverb

Dictionary.com Unabridged

Based on the Random House Dictionary, © Random House, Inc. 2010.

Cabbage is a popular vegetable that is used in lots of recipes during March to celebrate St. Patrick's Day. Cabbage was eaten so often in Europe that it was one of the first plants brought by the colonists to the New World. It was also one of the first vegetables to be cultivated. It comes from a leafy wild mustard plant that is native to the Mediterranean region.

If you're using cabbage in one of your recipes this month, look for one that is semi-sold, well-rounded and kind of heavy in relation to its size.



A nice even green color means that it will have a good flavor and lots of vitamin content. The thick and pliable leaves will be tender and juicy. I hope you enjoy cooking with fresh, delicious and green cabbage this month!

RECIPES

My Recipe for Irish Chicken and Dumplings

A great tasting chocolate treat, perfect for your Valentine's Day dessert!

PREP TIME 30 Mins.

READY IN 2 Hrs 55 Mins

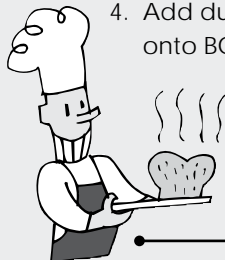
SERVINGS 6

INGREDIENTS

- | | | |
|--|--|--|
| 2 (10.75 ounce) cans condensed cream of chicken soup | 1 teaspoon salt | 1 (10 ounce) package frozen green peas |
| 3 cups water | 1/2 teaspoon poultry seasoning | 4 potatoes, quartered |
| 1 cup chopped celery | 1/2 teaspoon ground black pepper | 3 cups baking mix |
| 2 onions, quartered | 4 skinless, boneless chicken breast halves | 1 1/3 cups milk |
| | 5 carrots, sliced | |

DIRECTIONS

1. In large, heavy pot, combine soup, water, chicken, celery, onion, salt, poultry seasoning, and pepper. Cover and cook over low heat about 1 1/2 hours.
2. Add potatoes and carrots; cover and cook another 30 minutes.
3. Remove chicken from pot, shred it, and return to pot. Add peas and cook only 5 minutes longer.
4. Add dumplings. To make dumplings: Mix baking mix and milk until a soft dough forms. Drop by tablespoonfuls onto BOILING stew. Simmer covered for 10 minutes, then uncover and simmer an additional 10 minutes.





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inklings

1: a slight indication or suggestion
2: a slight knowledge or vague notion

March



Green ^{trivia} veggie



- How long have humans cultivated olives?
 - 200 years
 - 500 years
 - 2,000 years
 - 6,000 years
- Which salad existed as early as the ancient Roman times and whose modern translation appears to have been derived from the Dutch term 'koolsalade'?
 - Coleslaw
 - Shopska
 - Chow Chow
 - Sauerkraut
- How long does the asparagus plant take to mature properly?
 - 3 weeks
 - 6 weeks
 - 1 year
 - 3 years
- How long can an olive tree live?
 - 10 years
 - 25 years
 - 100 years
 - 2,000 years
- What family is the rhubarb a part of?
 - Legume
 - Sorrel
 - Brassicac
 - Allium
- What percentage of olives are used to make olive oil?
 - 100%
 - 90%
 - 50%
 - 25%
- Peas and broadbeans belong to which family?
 - Legumes
 - Sorrel
 - Allium
 - Brassicac
- In the Middle Ages, dried peas became a staple food among which class of people in Europe?
 - Gentry
 - Peasants
 - Scholars
 - Soldiers
- What country is the largest producer of olives?
 - France
 - Italy
 - Spain
 - Australia
- The rutabaga is considered to be a cross between the turnip and which of these?
 - Potato
 - Carrot
 - Cabbag
 - Broccoli
- Lima beans must be cooked thoroughly to allow this poison to be extracted - what poison compound do they contain?
 - Hemlock
 - Conotoxin
 - Arsenic
 - Cyanide
- A 16th Century herbalist suggested that parsley seed be taken before a drinking bout to prevent what?
 - Ignorance
 - Intoxication
 - Indigestion
 - Headaches
- What ingredient is necessary to make a Florentine dish?
 - Spinach
 - Brussel Sprouts
 - Broccoli
 - Apples
- What kind of fruit is a Greengage?
 - Pear
 - Plum
 - Apple
 - Grape

